SPICED EGGPLANT

Prep + cook time: 45 minutes Serves: 6 as a starter or 8 as a side

Ingredients

1/2 cup (140g) greek-style yoghurt
1/2 cup (80ml) lemon juice
1 tablespoon pomegranate molasse
2 teaspoons ground coriander
1/2 teaspoons ground cumin
1/4 teaspoon ground cardamom
1/4 teaspoon ground cinnamon
1/4 teaspoon cayenne pepper
1/4 teaspoon ground turmeric

6 baby (finger) eggplant (360g),
sliced thickly

½ cup (80ml) olive oil
1 lebanese cucumber (130g),
chopped finely

½ cup (80ml) pomegranate seeds

¼ cup (40g) toasted pine nuts

½ cup loosely packed fresh micro
coriander (cilantro)

- 1. Preheat oven to 220°C/425°F. Line two oven trays with baking paper
- 2. Combine yoghurt and half the juice in a small bowl. Add molasses; swirl through yoghurt. Cover; refrigerate until required.
- 3. Combine spices in a small bowl. Arrange eggplant slices, in a single layer, on trays. Brush with $\frac{1}{4}$ cup of the oil; sprinkle with spice mixture. Rub to coat. Roast eggplant for 20 minutes or until browned and tender.
- 4. Combine remaining juice and remaining oil in a medium bowl. Add cucumber, pomegranate seeds and pine nuts; toss gently to combine.
 - 5. Arrange eggplant on serving platter; top with cucumber mixture and micro coriander. Serve with yoghurt mixture.

Tips

Add canned chickpeas (garbanzo beans) and crumbled fetta or goat's cheese for a vegetarian main to serve 4.

